

**N.G.M.COLLEGE (AUTONOMOUS) : POLLACHI****END-OF-SEMESTER EXAMINATIONS : MAY 2024****MASTER OF SOCIAL WORK****MAXIMUM MARKS: 50****SEMESTER : IV****TIME : 3 HOURS****COUNSELLING THEORY AND PRACTICE****SECTION – A****(10 X 1 = 10 MARKS)****ANSWER THE FOLLOWING QUESTIONS. (K1)**

1. Professional counselors help clients identify goals and potential \_\_\_\_\_ to problems.  
a. behaviours      b. solutions      c. ways      d. changes
2. Vital part of a counselor is to help client's feel heard and it is otherwise known as \_\_\_\_\_.  
a. listening      b. sympathizing      c. divided attention      d. active listening
3. Responding empathically to the emotions of another person by repeating in other words is known as \_\_\_\_\_.  
a. Summarizing      b. paraphrasing      c. phrasing      d. focussing
4. Emotional disorders are maintained by cognitive factors which are based on \_\_\_\_\_ therapy.  
a. psycho analytical      b. cognitive behavioural      c. client centered      d. TA
5. Counseling designed to help with choosing, changing or leaving a career is known as \_\_\_\_\_.  
a. guidance      b. geriatric counseling      c. career counseling      d. Advise

**ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES (K2)**

6. Define counseling.

7. What is empathy?
8. What is termination?
9. Expand REBT.
10. Expand AIDS.

**SECTION – B****(5 X 3 = 15 MARKS)****ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. (K3)**

11. a) Describe the characteristics of counseling.  
**(OR)**  
b) Differentiate counseling from advise.
12. a) List the characteristics of a counselee.  
**(OR)**  
b) Highlight the check list for a counselor.

**(CONTD .... 2)**

13. a) Elaborate the significance of communication in counseling.  
**(OR)**  
b) Differentiate transference from counter transference.
  
14. a) Examine the significance of psycho analytic approach in counseling.  
**(OR)**  
b) Eclectic approach is fusion of approaches – compute.

15. a) ‘Counseling employees increases productivity’ – Comment.  
**(OR)**

b) The scope of marital counselors are increasing – Interpret.

**SECTION – C**

**(5 X 5 = 25 MARKS)**

**ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS.**  
**(K4 /K5)**

16. a) Discuss the elements of counseling.  
**(OR)**  
b) Trace the evolution of counseling.
  
17. a) Discuss the professional qualities of a counselor.  
**(OR)**  
b) Summarize the importance of counseling relationship.
  
18. a) Analyze intervention strategies and explain the best strategy for alcoholics. .  
**(OR)**  
b) Recommend the skills needed for a counselor to handle the children with behavioural problems.
  
19. a) Cognitive approach is the base for behavioral modification – Conclude with examples.  
**(OR)**  
b) Transactional Analysis stream lines the communicative aspect of the client – Evaluate.
  
20. a) Explain the role of a counselor in dealing the client with suicidal thought..  
**(OR)**  
b) Counselors play a major role in crisis intervention - Justify

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