

(FOR THE CANDIDATES ADMITTED
DURING THE ACADEMIC YEAR 2022 ONLY)

22HEC303

REG.NO.:

N.G.M.COLLEGE (AUTONOMOUS): POLLACHI
END-OF-SEMESTER EXAMINATIONS: NOVEMBER- 2023
UG DEGREE PROGRAMMES (AIDED & SF) MAXIMUM MARKS: 50
SEMESTER-III TIME: 2 HOURS

PART – IV
HUMAN EXCELLENCE-PROFESSIONAL VALUES& SKY YOGA PRACTICE-III

SECTION – A (10x1= 10 MARKS)

ANSWER THE FOLLOWING QUESTIONS. (K1)

1. The philosophy of cause and effect system is called as -----
a) Law of nature b) Faith c) Mind d) Quality
2. There are two rare things in the world, one is our life-force and the other is-----
a) Money b) Time c) Things d) Education
3. Intelligent Quotient formula is -----
a) Age/intelligence x 100 b) Intelligence/Age x 100
b) c)Intelligence+Age x 100 d) Age – Intelligence x 100
4. “I have created an ideal path for today’s youth”. This was modestly said by-----
a) Mahatma Gandhiji b) Bernardshaw c) Kamarajar d) Abdul Kalam
5. There are -----stages in surya namaskar.
a) 10 b) 12 c) 14 d) 8

ANSWER THE FOLLOWING IN ONE OR TWO SENTENCES. (K2)

6. Mention any two principles of professional ethics.
7. Define the ethics of Entrepreneurship.
8. What are the two functions of Mind?
9. Write any two benefits of Thuriatheetha meditation.
10. Define-Positive thoughts.

SECTION – B

(5 X 8 = 40 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. (K3 & K4)

11. a) Analyze the Cause and Effect System.
(OR)
b) Describe the significance of professional ethics.
12. a) Explain time management to be followed by students.
(OR)
b) Write an essay on the concept of Vallalar and Spirituality.
13. a) Analyze the ethics of Entrepreneurship.
(OR)
b) Explain the leadership qualities of Dr.Abdul Kalam.
14. a) Write an essay on the qualities of life for career success.
(OR)
b) Explain the Empowerment techniques of mind.
15. a) Analyze the greatness of Thuriatheetha meditation.
(OR)
b) Explain the practice and benefits of Suryanamaskar.
