

**(FOR THE CANDIDATES ADMITTED
DURING THE ACADEMIC YEAR 2020 ONLY)**

20PSW4E5

REG.NO. :

N.G.M.COLLEGE (AUTONOMOUS) : POLLACHI

END-OF-SEMESTER EXAMINATIONS : JULY-2022

MASTER OF SOCIAL WORK

MAXIMUM MARKS: 70

SEMESTER: IV

TIME : 3 HOURS

COUNSELLING THEORY AND PRACTICES

SECTION - A

(10 X 1 = 10 MARKS)

ANSWER THE FOLLOWING QUESTIONS.

MULTIPLE CHOICE QUESTIONS.

(K1)

1. _____ is a method adopted by a counsellor to solve a client's problem.
 - a) Counselling
 - b) Therapy
 - c) Guidance
 - d) Method
2. Relationship between counsellor and client should be _____.
 - a) Personal
 - b) Professional
 - c) Empathetic
 - d) Sympathetic
3. Counselling is a _____ interaction between a counsellor and a counselee.
 - a) Direct
 - b) Indirect
 - c) Organisational
 - d) Family
4. Transactional analysis talks about _____.
 - a) Communication pattern
 - b) Problems
 - c) Self-disclosure
 - d) Attitude
5. Execution of one's own death is called as _____.
 - a) Death
 - b) Suicide
 - c) Accident
 - d) Demise

ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES.

(K2)

6. List the elements of counselling.
7. Mention any four checklists for counsellor.
8. What do you understand by confrontation skill?
9. Expand - REBT.
10. What type of problems can be counseled in industry?

SECTION – B

(5 X 4 = 20 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. (K3)

11. a) Compare counselling, advise and guidance.
(OR)
b) Examine the goals of counselling.
12. a) Apply the qualities of a counsellor in a counselling setting.
(OR)
b) Discover the qualities of a client.

(CONTD.....2)

13.a) Communication is a necessary skills in counselling - Describe.
(OR)

b) Assess the skill of identification of attitudes and feelings of client.

14.a) Sketch out the psycho-analytical approach.

(OR)

b) Show the process of cognitive approach in a brief manner.

15. a) How do you counsel a HIV / an AIDS patient? Explain.

(OR)

b) Bereavement counselling is very much useful in bringing the client back to normalcy
Find the significance.

SECTION - C**(4 X 10 = 40 MARKS)****ANSWER ANY FOUR OUT OF SIX QUESTIONS****(16th QUESTION IS COMPULSORY AND ANSWER ANY THREE QUESTIONS
(FROM Qn. No : 17 to 21) (K4 (Or) K5)**

16. You are a Deaddiction Counsellor. Develop a process that will best suit to the client and help him to come out of the problem.

17. Appraise the prospects of counselling practice.

18. Practicing values and ethics in counselling is highly essential - Argue.

19. Support the counselling process with an example.

20. Criticize the client-centered approach in solving the problem of the client.

21. Summarise the need of career counselling in the present context.
