

**(FOR THE CANDIDATES ADMITTED
DURING THE ACADEMIC YEAR 2020 ONLY)**

20PSW4B5

REG.NO. :

**N.G.M.COLLEGE (AUTONOMOUS): POLLACHI
END-OF-SEMESTER EXAMINATIONS: JULY- 2022**
MASTER OF SOCIAL WORK **MAXIMUM MARKS: 70**
SEMESTER: IV **TIME: 3 HOURS**

SKILLS OF PSYCHIATRIC SOCIAL WORK

SECTION – A

ANSWER THE FOLLOWING QUESTIONS. (10 x 1 = 10 Marks)
MULTIPLE CHOICE QUESTIONS.

1. Hippocrates classified all mental disorders into _____.
 - a) Four
 - b) Six
 - c) Two
 - d) Three
2. Disorder which consists of physical complaints without any physical pathology is termed as _____.
 - a) Dissociative disorders
 - b) Somatoform disorders
 - c) Depression
 - d) Stress.
3. Beck's Cognitive Therapy for depression requires the individual to _____.
 - a) Make an objective assessment of their beliefs
 - b) Keep a dream diary
 - c) Keep a mood diary
 - d) Set attainable life goals
4. Group Therapy can be advantageous when an individual _____.
 - a) May need to work out their problems in the presence of others (e.g. in the case of emotional problems relating to relationships, feelings of isolation, loneliness and rejection).
 - b) May need comfort and support from others
 - c) May acquire therapeutic benefit from observing and watching others.
 - d) All of the above.
5. People suffering from mental diseases in India number _____.
 - a) 1 – 1.5 million
 - b) 6 – 7 million
 - c) 10 – 15 million
 - d) 60 – 70 million

ANSWER THE FOLLOWING IN ONE OR TWO SENTENCES. K3

6. What do you mean by Depression?
7. State the purpose of Occupational Therapy.
8. Mention the Goal of Transactional Analysis.
9. List any two roles of Psychiatric Social Worker in Child Guidance Clinic.
10. What are the components of District Mental Health Programme?

SECTION – B (5 x 4 = 20 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. K3

11. a) Compare and Contrast Mental Illness and Mental Disorder.
 (OR)
 b) Briefly describe the scope of Psychiatric Social Work in India. (CONTD.....2)

12. a) List the advantages of Yoga and Meditation.
(OR)
b) Assess the Quality of Life during Chemotherapy.

13. a) How you will apply Reality Therapy?
(OR)
b). Give an account of the characteristics of Rational Emotive Behaviour Therapy.

14. a) Sketch the functions of De-addiction Centre.
(OR)
b) Examine the need and importance of Follow-up.

15. a) List out the National policies on Mental health in India.
(OR)
b) Briefly discuss the salient features of Mental Health Care Act 2017.

SECTION – C (4 X 10 = 40 MARKS)

**ANSWER ANY FOUR QUESTIONS. 16TH QUESTION IS COMPULSORY
AND ANSWER ANY THREE QUESTIONS FROM QUESTION 17 TO 21.**

16. Examine the objectives, features and process of Cognitive Behaviour Therapy.

17. Discuss the process of Psychiatric Assessment with suitable illustrations.

18. Outline the types and benefits of Recreational Therapies with an example.

19. Summarize the need and importance of Contemporary Theories.

20. Critically analyze the role of Social Worker in Community Mental Health Programme.

21. Discuss the Mental Health services in State Level.
