

(FOR THE CANDIDATES ADMITTED-2021 onwards  
DURING THE ACADEMIC YEAR 2021 ONLY)

21 PSW410

REG.NO. :

**N.G.M.COLLEGE (AUTONOMOUS) : POLLACHI**

**END-OF-SEMESTER EXAMINATIONS: MAY-2023**

**COURSE NAME: M.S.W**

**MAXIMUM MARKS: 70**

**SEMESTER: IV**

**TIME : 3 HOURS**

**COUNSELLING THEORY AND PRACTICE**

**SECTION - A (10 X 1 = 10 MARKS)**

**ANSWER THE FOLLOWING QUESTIONS.**

**MULTIPLE CHOICE QUESTIONS.**

**(K1)**

1. Select the words which gives meaning as Caring for a client, for no other reason, than the fact that he/she is a human.  
a) Trust                      b) Empathy                      c) Understanding                      d) Positive regard
2. Choose the correct term which is a basis of trusting relationship and a cornerstone of counsellor's ethics.  
a) Informed Consent                      b) Empathy                      c) Confidentiality                      d) Congruence
3. What is the main focus of counselling?  
a) Client                      b) Problems                      c) Family                      d) Groups
4. Which focuses on assisting a person to make decisions that are usually time and context limited?  
a) Psychotherapy                      b) Guidance                      c) Counselling                      d) Advise
5. Spell the capacity to place oneself in another's position\_\_\_\_\_.  
a) Trust                      b) Empathy                      c) Understanding                      d) Genuineness

**ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES. (K2)**

6. Define the term 'Counselling'
7. Explain the meaning of the term 'Sympathy and Empathy'
8. Interpret the meaning of Client - centered approach.
9. Define the term 'Bereavement counseling'
10. Expand HIV/AIDS and REBT

**SECTION – B (5 X 4 = 20 MARKS)**

**ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. (K3)**

11. a) List out the goals of counseling and elements of counseling.  
(OR)  
b) Explain the development of counseling as a profession.
- 12.a) Describe the professional characteristics / qualities of a counselor  
(OR)  
b) Interpret the values and ethics to be followed in counseling process.

**(CONTD .... 2)**

13.a) List out the skills of a client.

(OR)

b) Explain the various skills of a counsellor.

14.a) Examine the techniques of Transactional Analysis in counselling.

(OR)

b) Sketch the details of the Eclectic approach in counselling.

15.a) Dramatize the crisis intervention process of a person met with a road accident.

(OR)

b) Describe the process of Suicide counseling.

**SECTION - C**

**(4X10= 40 MARKS)**

**ANSWER ANY FOUR OUT OF SIX QUESTIONS.**

**(16<sup>th</sup>QUESTION IS COMPULSORY AND ANSWER ANY THREE QUESTIONS**

**(FROM Qn. No : 17 to 21)**

**(K4 (Or) K5)**

16. Outline the practice of Premarital, Marital and post marital counseling,

17. Investigate the difference among Counseling, Advice and Guidance.

18. Point out the components of Counseling Relationship and explain them.

19. Appraise the entire Counselling Process carried out in a De-addiction center.

20. Discuss the details of Psychoanalytical approach in counselling.

21. Evaluate the various Role and functions of the counsellors in practicing various settings

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